

THE JEWISH HOME & HOSPITAL

GUIDE TO OUR
PROGRAMS
AND
SERVICES

MISSION STATEMENT

To deliver a full continuum
of excellent services to older,
chronically ill and other
adults in need of care; to enhance
the quality of their lives; and
to conduct research and
educational programs, all
in keeping with
our Jewish heritage

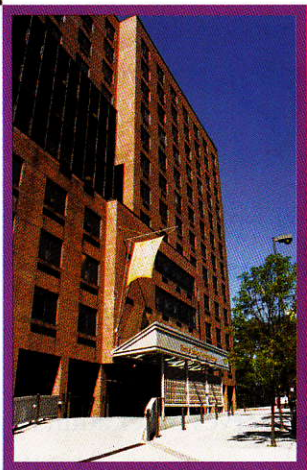
ABOUT US

The Jewish Home and Hospital System is dedicated to the principle that older adults are entitled to individualized attention, specialized treatment and the opportunity to continue their lives with dignity and meaning. In support of this principle, the Home serves older adults by providing a continuum of expert care at whatever level their needs demand.

The Jewish Home and Hospital has campuses in Manhattan, the Bronx and in Westchester (Sarah Neuman Center), serving more than 4,500 older adults each day through comprehensive inpatient services, home care, community services and housing programs.

The Home strives to further its long tradition of service to the elderly by developing new community and housing programs, initiating improved medical and rehabilitation services, providing education to physicians and other geriatric professionals, conducting research and setting the highest ethical and quality standards in the industry.

JEWISH HOME & HOSPITAL



Skilled Nursing

The Bronx, Manhattan and Westchester Divisions of the Jewish Home and Hospital provide skilled nursing and inpatient services designed to improve the physical and emotional quality of life for our residents.

The Jewish Home's skilled nursing services include twenty-four-hour-a-day on-site physician and professional nursing care. Our staff and attending physicians represent all major specialties and sub-specialties including physiatry (medical specialty in rehabilitation), orthopedics, neurology, cardiology, psychiatry, gynecology, dermatology, radiology, urology, ophthalmology. In addition, the Home provides vision and dental care, and we offer rehabilitation programs providing individualized physical, occupational and speech therapy treatments.

Services also include:

- A nursing staff of registered nurses, nurse practitioners, licensed practical nurses and certified nursing assistants
- On-site pharmacies, overseen by registered pharmacists
- Therapeutic Recreation specialists who design activity programs
- Pastoral services for all religions
- Social work staff that maintains ongoing relationships with residents and their families
- Food prepared on premises under the supervision of trained dietitians
- Amenities, such as spacious gardens and terraces, solariums, auditoriums, aviaries, libraries with large print books, coffee shops, boutiques, barber/beauty salons, laundry, in-room TV, telephones, newspaper delivery, financial services and valet parking



To learn more, please contact:

MANHATTAN DIVISION

(212) 870-4715
Manhattan_inpatient@jewishhome.org

BRONX DIVISION

(718) 579-0330
Bronx_inpatient@jewishhome.org

WESTCHESTER DIVISION – SARAH NEUMAN CENTER FOR HEALTHCARE & REHABILITATION

(914) 777-6021
Westchester_inpatient@jewishhome.org



**“Every time you hold a
resident’s hand, or
stroke their heads, you
remind them of what it
was to be in love, or
what it’s like to have
someone who cares
about them”**



SUBACUTE CARE CENTERS

The Jewish Home's Subacute Care Centers focus on rehabilitation and recovery for older adults. Subacute services provide the link between the hospital and home for those patients who are not yet ready to resume an independent lifestyle.

All care is administered by a multidisciplinary team of physicians, nurses, therapists and other skilled professionals.

Services offered at the Jewish Home's Subacute Care Centers include:

- Rehabilitation following stroke or heart attack
- Recovery from hip fractures or burn injuries
- Recovery from complex surgical procedures such as colectomy, hip or knee replacements, amputation or multiple fractures
- Recovery from multiple trauma
- Complex wound care
- Recovery from invasive heart procedures
- Treatment for nervous system disorders
- Cancer treatment



For more information:

MANHATTAN SUBACUTE CARE

(212) 870-4715

Manhattan_inpatient@jewish-home.org

BRONX SUBACUTE CARE

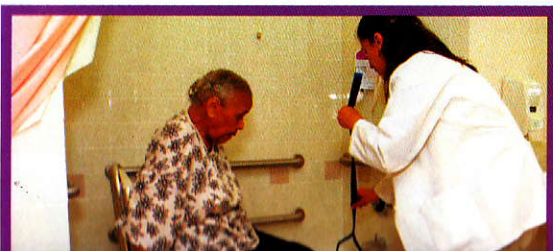
(718) 579-0330

Bronx_inpatient@jewishhome.org

WESTCHESTER SUBACUTE CARE

(914) 777-6021

Westchester_inpatient@jewish-home.org



"I always knew that
my mother got the best
care available, and
that was a great source
of comfort for me"

SHORT-STAY REHABILITATION

The Short-Stay Rehabilitation program provides from one to three months of comprehensive inpatient rehabilitative therapy following surgery or debilitating illness.

The Short-Stay regimen features physical, occupational and speech therapies delivered by highly skilled professionals along with multidisciplinary teams of medical and nursing specialists. Prior to discharge, patients also receive a home visit where indicated as well as follow up.

For more information, contact:

MANHATTAN SHORT-STAY REHABILITATION

(212) 870-4715

Manhattan_inpatient@jewish-home.org

BRONX SHORT-STAY REHABILITATION

(718) 579-0330

Bronx_inpatient@jewishhome.org

WESTCHESTER SHORT-STAY REHABILITATION

(914) 777-6021

Westchester_inpatient@jewish-home.org



THE SWALLOWING CENTER

The Jewish Home's Swallowing Centers in Manhattan and the Bronx provide patients with special therapies to improve swallowing and speech capabilities impaired by serious illnesses such as stroke. The Centers utilize state-of-the-art videofluoroscopy and fiberoptic endoscopy techniques to diagnose an untreated condition. A multidisciplinary team headed by a specially trained speech/language pathologist diagnoses and treats patients.

For more information, contact:

MANHATTAN SWALLOWING CENTER

(212) 870-5026

Manhattan_inpatient@jewish-home.org

BRONX SWALLOWING CENTER

(718) 579-0446

Bronx_inpatient@jewishhome.org





ALZHEIMER'S DISEASE SPECIAL CARE UNITS

The state-of-the-art Alzheimer's units at our three campuses offer specialized programs and services for patients in all stages of the disease, including individuals in the early and mid-stages of dementia.

The Norma and Joseph Saul Alzheimer's Disease Special Care Unit (Bronx) has been nationally acclaimed for its unique approach to caring for Alzheimer's patients. The Unit provides space that is secure, comforting and non-threatening. It offers a familiar frame of references, reduces confusion and offers freedom to move about in an unrestricted space. Highly trained staff create specific programs to promote each patient's capabilities fully and minimize those stresses that can aggravate the symptoms of the disease. For more information, contact: (718) 579-0460 or Bronx_inpatient@jewishhome.org

Manhattan Alzheimer's Special Care Units. These units create a special physical environment and offer trained staff for their unique programs, including the nationally acclaimed Wellness Group. This program offers group therapy sessions to promote wellness and decrease behavioral disturbances among dementia patients. Using music, visual imagery, exercise and other techniques to stimulate the residents' senses, the Wellness Group decreases anxiety and depression, and creates a positive sense of empowerment among our dementia patients. For more information, contact: (212) 870-4715 or Manhattan_inpatient@jewish-home.org.

The Sarah Neuman Center (Westchester) Alzheimer's Disease Special Care Units. One unit serves mid-level Alzheimer's patients who participate in carefully structured programs designed to reduce anxiety, confusion and agitation, and maximize physical and cognitive capabilities.

The second unit provides for those in the advanced stage of the disease. All the staff members on these units are screened for a capacity for compassion, sensitivity and patience and all receive ongoing training. For more information, contact: Sarah Neuman Center (914) 777-4907 or Westchester_inpatient@jewish-home.org.



COMMUNITY SERVICE PROGRAMS

Adult Day Health Centers

These centers are designed specifically for older adults who can no longer avail themselves of the services of the traditional senior center because of frailty or health problems.

Day Programs are available at our three campuses. Evening and weekend sessions are available in the Bronx and Manhattan.

Program features:

- Door to door transportation
- Meals
- Social & recreational activities
- Nursing/Medical supervision
- Physical, occupational and speech therapy

Contact:

MANHATTAN (212) 870-5091

BRONX (718) 579-0220

WESTCHESTER (914) 777-6150

(SARAH NEUMAN CENTER FOR HEALTHCARE & REHABILITATION)

Alzheimer's Day Centers

The Jewish Home and Hospital offers Alzheimer's Day Center programs at our three campuses. The Manhattan and Bronx Divisions have both early and late sessions available. Our Westchester Division serves Alzheimer's clients in an integrated Adult Day Center program.

Program features:

- Door to door transportation
- Meals
- Nursing/Medical supervision
- Recreational/therapeutic programs specially designed for Alzheimer's participants

Contact:

MANHATTAN (212) 870-5091

BRONX (718) 579-0220

WESTCHESTER (914) 777-6150



Adult Day Center for the Blind and Visually Impaired

The Adult Day Center for the Blind and Visually Impaired, located on our Bronx campus, offers a specialized program to individuals 40 years of age or older who have a visual impairment in addition to a medical condition requiring ongoing care.

This program is held in a setting specifically designed for the visually impaired and offers social and recreational activities.

Program features:

- Door to door transportation
- Meals
- Vision rehabilitation, adaptive skills training, orientation, mobility and communication
- Medical and nursing supervision
- Occupational, physical and speech therapy

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Contact:

BRONX (718) 579-0220



Long Term Home Health Care

The Jewish Home and Hospital's Home Health Care program provides quality, long-term care to homebound adults who need assistance with activities of daily living. Operating in Manhattan and the Bronx, this program offers assistance to people with serious, chronic health problems as well as individuals recovering from an illness, an injury, or a recent hospitalization.

In addition, our Home Health Care program advocates for patients to obtain support services such as rehabilitation, medical day care, nursing home placement, enriched housing, Medicaid/Medicare, personal care, laboratory services, 24-hour emergency coverage, medical transportation, medical equipment and supplies.

Our Coordinated Care Includes:

- A nurse evaluation of the patient's needs
- Home visits from a nurse
- Regular contact with the patient's family, primary care physician and all services to which the patient has been referred
- Consultation with the staff social worker and referrals for social work home visits as needed
- Bilingual services

Our Professional Staff includes:

- Nurses to monitor health and administer medications and treatment
- Respiratory, physical, occupational and speech therapists
- Home care aides to assist with bathing, dressing, cooking, shopping and other personal needs
- Social workers to help obtain benefits and provide counseling

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Contact:

MANHATTAN (212) 870-5071

BRONX (718) 367-1125

**"I was especially pleased
with the fantastic jobs
that were done by the
therapists who have their
whole heart and soul in
what they're doing"**





Licensed Home Care (HAPI)

HAPI (Home Assistance Personnel, Inc.) is a licensed home care services agency affiliated with The Jewish Home and Hospital. It provides trained and supervised health care personnel such as personal care aides and home health aides. Whether you need assistance on an hourly basis, around the clock or seven days a week, HAPI is prepared to meet all of your needs.

HAPI provides services to the Bronx, Manhattan, Brooklyn, Queens and areas accessible by public transportation in Westchester.

Services include:

- Escort for doctor visits
- Meal preparation
- Shopping
- Bathing and dressing
- Laundry
- Housekeeping
- Travel escorts
- Transport to and from the hospital

Respite Care – Home Away From Home (Sarah Neuman Center)

The Home Away From Home Program provides temporary nursing home care for the frail elderly while providing needed respite for their caregivers. During their stay, guests reside in a warm and comfortable environment and receive all the services and amenities of regular, inpatient, long-term care residents. These services include on-site medical and nursing care and a variety of therapeutic programs.

For more information contact:
(914) 698-6005 or
Westchester_inpatient@jewish-home.org



HAPI MAIN OFFICE: (718) 367-1311

Transportation

The Jewish Home and Hospital's Transportation Department has been serving the New York metropolitan region's frail, disabled, and senior populations for over 20 years. Our fleet of 24 para-transit vans runs 77,000 round-trips annually.

The Transportation Department primarily serves the Home's Adult Day Health Center clients including day, evening, and weekend sessions at the Bronx, Manhattan, and Westchester campuses. In addition, the department transports our inpatient residents to recreational activities. We are expanding our service to reach other clients and serve other programs in the community. The Jewish Home's Transportation Department features:



- All drivers are certified and CPR-trained, and receive extensive training in serving the aging and disabled populations.
- The pick-up and drop-off routes are specially arranged to minimize waiting and trip time.
- All Jewish Home drivers wear uniforms and vehicles are clearly marked to provide the professionalism trust and respect that clients deserve.
- Maintain a transportation safety protocol to review performance and incidents, and devise improvements/corrective action plans.
- Handle the servicing, maintenance, purchasing, insurance and leasing of our own vehicles.

**“Our thanks and
appreciation go to
all. The caring and
professionalism
shown by these folks
on a daily basis
always exceeded our
expectations”**

For more information call
Community Services at
(212) 870-4630.

Retirement Community Services (NORCs)

The Community Services Division of The Jewish Home and Hospital provides nursing consultation, health education, care management and social services to hundreds of frail elderly residing in naturally occurring retirement communities (NORCs) in New York City.

Among the communities served are Amalgamated Houses Cooperative and Pelham Parkway Houses in the Bronx, and Penn South and Phipps Plaza houses in Manhattan.

For more information call:
(212) 870-4630



Senior Health Partners

Senior Health Partners is a new concept in health care that allows frail elderly to remain living in their own homes even though they need nursing home level care. Senior Health Partners is both a health plan and a care provider. Through a single program, Senior Health Partners provides access to complete medical, social, nutritional and rehabilitation services. As one of the New York Managed Long-Term Care Plans, a monthly Medicaid payment is received. When the program receives approval from the Health Care Financing Administration to be a Program of All-inclusive Care for the Elderly (PACE) a monthly Medicare payment will be received. Senior Health Partners uses a team approach to care. The team, made up of health professionals, works with the participant and his or her family to prevent health problems and to support the individual's highest level of functioning physically and emotionally.

For more information call:
(212) 870-4610



"We appreciate JHH for facilitating my mother's last year in a dignified, respectful and comfortable manner...and for changing my "nursing home" mind-set from one of negativity to one of hopefulness"





Housing

The Jewish Home and Hospital offers many housing options for seniors living in the New York Metropolitan area.

Kittay House

Located on the Home's Bronx campus, Kittay House provides moderate income, secure apartment house living for 300 well-elderly with hotel-like services. Tenants reside in roomy studio or one bedroom units, and enjoy a full array of recreational and social activities including trips, nutritious meals in a central dining room, linens, housekeeping and other support services, including a medical and nursing office.

Kittay House also provides 24 hour-a-day emergency response, along with video surveillance of all public areas. Patios and landscaped gardens, a beauty/barber shop, library and coffee shop are on the premises and a van service is offered for shopping and trips. Moderate rentals make Kittay House New York's best housing value.

To learn more about Kittay House contact us at: (718) 579-0420 or kittay@jewishhome.org.

Enriched Housing

The Home's Red Oak apartments are the site of our Enriched Housing program. Located across from the Home's Manhattan Campus, these apartments offer a secure setting with support services for limited income, frail elderly who need assistance to remain in the home. To see if this option is right for you or your loved one, contact us at: (212) 870-4832 or enriched@jewishhome.org.

Section 202 and Riverdale House

As part of its mission to serve seniors throughout the NY Metropolitan region, The Jewish Home and Hospital sponsors subsidized rental housing for the elderly through the federally funded, Section 202 program. This program, administered by the Department of Housing and Urban Development (HUD), provides capital advances to nonprofit sponsors like the Jewish Home to finance the development of rental housing with supportive services for very-low income elderly. The Home's Riverdale House in the Bronx offers qualified seniors subsidized housing in a secure post-modern apartment setting.

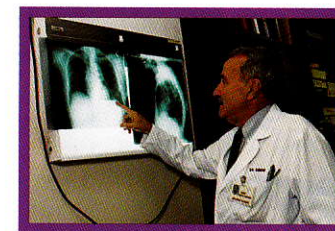


Research and Education

The Jewish Home and Hospital is professionally acclaimed for its research and education programs. The Home advocates programs that educate the public about the needs and strengths of the elderly and promotes the concept of individualized, progressive care of the aging. Its training and educational programs include the following:

- **The Lester Eisner Jr. Center for Geriatric Education** trains medical students and fellows in geriatrics and promotes scientific research in aging.
- **The Kathy and Alan C. Greenberg Center on Ethics in Geriatrics and Long-Term Care** is devoted to examining difficult ethical issues and formulating and recommending appropriate public policies.
- **The Geriatrics Research Center** creates studies and demonstrations designed to improve the quality of life for all older adults.
- **The Center for Pharmacology/ Pharmacy for the Elderly (COPE) Program** conducts Pharmaceutical studies and research focused on medications and chemical pathways important to the quality of life of the elderly. COPE seeks new pharmacological approaches such as easy ways for the elderly to stay on prescription schedules, better methods of administering prescription drugs and clinical trials of new medications.
- **Professional Education Center** of The Jewish Home and Hospital provides state of the art educational programs for healthcare professionals.

"Smiles...caring people...
independence...pride...
diversity...tradition...
having a home are
words that express the
visions and feelings
left with me during my
visit with my mother"



Volunteer Opportunities

Volunteering with the Home is a terrific way to make a difference in a person's life. At The Jewish Home and Hospital, we believe EVERYONE has something to offer. Together, we can make it happen.

For more information contact:

Bronx Volunteer Department
(718) 579-0271

Manhattan Volunteer Department
(212) 870-4940

Westchester Volunteer Department
(914) 777-6194



Visit Our Web Site

JewishHome.org

The Jewish Home and Hospital's JewishHome.org, is a web site to help family caregivers navigate through the difficult process of caring for a chronically ill, frail, or isolated loved one in the New York City area. The site features the senior care expertise of our nationally-reputed staff of geriatric physicians, nurses, therapists, social workers, and other adult care professionals. In addition, Jewishhome.org showcases the outstanding programs and services of The Jewish Home and Hospital.

Features of JewishHome.org include:

- Background information on the most common diseases and conditions affecting older adults;
- Practical caregiving tips and how-to's
- Advice on care issues such as selecting housing, legal planning, selecting home care services, and finding senior recreation resources
- Information to empower loved ones in the caregiving process, including links to offices of consumer complaint and redress particular to the long-term care and health care industries
- Lists of on- and off-line resources and health care providers relevant to each care issue
- An e-mail newsletter with care information for family caregivers and updates on Jewish Home activities and services

• Employment opportunities.
For more information contact:
employment@jewishhome.org

The Jewish Home & Hospital System

Bronx Division

Harry & Jeannette Weinberg Pavilion
100 West Kingsbridge Road
Bronx NY
718-579-0500

Manhattan Division

120 West 106th Street
NY NY 10025
212-870-5000

Westchester Division

Sarah Neuman Center for Healthcare & Rehabilitation
845 Palmer Avenue
Mamaroneck NY 10543
914-698-6005

Community Services Division

120 West 106th Street
NY NY 10025
212-870-4630